

Lipson Vale Primary School Bernice Terrace, Lipson Plymouth, Devon, PL4 7HW

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Friday 26th January 2024

Dear Parents and Carers,

We are delighted to bring you some thrilling news about an upcoming sports event that promises to infuse our KS2 students with excitement!

# KS2 Parkour - Tuesday, 27th February and Thursday, 29th February

For our KS2 students, we have organised a Parkour event. Parkour is a dynamic and creative training discipline where participants move through their environment by vaulting, rolling, running, and climbing. It's an excellent way to promote physical fitness, coordination and spatial awareness.

### **Key Details:**

- Date: Tuesday, 27th Feb and Thursday, 29th Feb
- Attire: Students are encouraged to wear their PE kits on their parkour day.

#### **Event Schedule:**

## Tuesday, 27th February:

- Orca
- Anglerfish
- Dolphins
- Otters

### Thursday, 29th Feb:

- Sunfish
- Turtles
- Rays
- **Angel Sharks**

Parkour provides a unique opportunity for our students to explore movement in a creative and safe

environment within the school hall. The event will be conducted under expert supervision, ensu	ring c
focus on fun, fitness, and safety.	

Thank you for your ongoing support.

Kind regards,

Mr. Peacock